

Fifth Sunday after the Epiphany, Year B

The Collect:

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Old Testament: Isaiah 40:21-31

²¹ Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? ²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

²⁷ Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Psalm: Psalm 147:1-12, 21c

- ¹ Hallelujah!
 - How good it is to sing praises to our God! * how pleasant it is to honor him with praise!
- ² The Lord rebuilds Jerusalem; * he gathers the exiles of Israel.
- ³ He heals the brokenhearted * and binds up their wounds.
- ⁴ He counts the number of the stars * and calls them all by their names.
- ⁵ Great is our Lord and mighty in power; * there is no limit to his wisdom.
- ⁶ The Lord lifts up the lowly, * but casts the wicked to the ground.
- ⁷ Sing to the Lord with thanksgiving; * make music to our God upon the harp.
- 8 He covers the heavens with clouds * and prepares rain for the earth;
- ⁹ He makes grass to grow upon the mountains * and green plants to serve mankind.
- He provides food for flocks and herds * and for the young ravens when they cry.
- ¹¹ He is not impressed by the might of a horse; * he has no pleasure in the strength of a man;
- ¹² But the Lord has pleasure in those who fear him, * in those who await his gracious favor.
- ²¹ Hallelujah!

Epistle: 1 Corinthians 9:16-23

¹⁶ If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹ For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those un-

der the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

Gospel: Mark 1:29-39

- ²⁹ As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.
- ³² That evening, at sundown, they brought to him all who were sick or possessed with demons.
 ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. ³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do."
 ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

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